

## NEW DAY FOUNDATION FOR FAMILIES EMOTIONAL SUPPORT PROGRAM

### Responsibility of Participant

New Day Foundation for Families is pleased to be able to partner with Michigan licensed therapists in order to support the emotional needs of our program participants. Through our grant program, New Day is also able to link our program participants with such services at a reduced rate.

In an effort to achieve positive outcomes and guide a successful experience in the process, following are the responsibilities of the program participant:

- Review the brief bio of the therapist(s) (name, contact info, and bio provided to you by New Day).
- Contact the therapist(s) to ask any questions that can help you determine whether the therapist can be a fit for you. Topics/Questions could include:
  - *Days and Hours of operation*
  - *Types of Services Provided (individual, Family, Couples, Groups)*
  - *In-person and/or virtual appointments*
  - *Types of issues treated if you have a specific need (adjustment to life events, grief, anxiety, etc.)*
- Schedule initial therapy appointment and future therapy appointments
- At your initial session with the therapist:
  - *Sign a limited Patient Release of Information form, which will be emailed to the provided email address by New Day through DocuSign and reviewed by the therapist during the session. This release essentially allows the therapist the ability to communicate with New Day regarding information necessary for New Day to process grant funds and manage and close program files appropriately. The signed document will be returned to New Day through DocuSign.*
- Communicate to New Day if a transition to a different therapist is desired
- Attend Therapy Appointments as scheduled, or cancel and reschedule as follows:
  - If an appointment needs to be canceled or rescheduled, communicate with the therapist 24 hours prior to the scheduled appointment. If the appointment is canceled within 24 hours, the program participant may be required to still pay for the appointment.

*When New Day grant funding for a therapist is completed, the program participant may choose to continue on with the therapist independent of New Day.*

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Signature of Participant

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Date