

## NEW DAY FOUNDATION FOR FAMILIES EMOTIONAL SUPPORT PROGRAM

### Responsibility of Participant

New Day Foundation for Families is pleased to be able to partner with Michigan licensed therapists and mental health professionals in order to support the emotional needs of our program participants. Through our emotional support program, New Day is also able to link our program participants with such services at a reduced rate.

In an effort to achieve positive outcomes and guide a successful experience in the process, the following are responsibilities of the program participant:

- Review the brief bio of the mental health professional (name, picture, and bio available on the New Day website).
- Contact the mental health professional to ask any questions that can help you determine whether s/he may be a good fit for you. Topics/Questions could include:
  - *Days and Hours of operation*
  - *Types of Services Provided (individual, Family, Couples, Groups)*
  - *In-person and/or virtual appointments*
  - *If insurance is accepted and what type, if applicable*
  - *Types of issues addressed if you have a specific need (adjustment to life events, grief, anxiety, etc.)*
- Schedule initial therapy appointment and future therapy appointments.
- Prior to your initial session, complete the Participant Release of Information document sent to you by email through DocuSign. This release allows the therapist the ability to communicate with New Day regarding information necessary for New Day to process award funds as well as manage and close program files appropriately. The signed document will be returned to New Day through DocuSign.
- Communicate with New Day if a transition to a different mental health professional is desired.
- Attend therapy appointments as scheduled, or cancel and reschedule as follows:
  - If an appointment needs to be canceled or rescheduled, communicate with the mental health professional 24 hours prior to the scheduled appointment. If the appointment is canceled within 24 hours or the participant does not show up to the session, it will count toward the 8 total therapy sessions covered by New Day.

*When New Day award funding for a mental health professional is completed, the program participant may choose to continue on with the mental health professional independent of New Day. Fees and payment schedule may be determined directly between the participant and the mental health professional.*